Criteria 3.3.2

Percentage of students participating in outreach activities organized by the institution during the last five years

Nirmala Memorial Foundation College of Education , Kandivali East

3.3.2.1 Average number of outreach activities organised by the institution during the last five years

Year	2017- 18	2018- 19	2019-20	2020-21	2021-22	Total
Number of outreach activities	7	5	7	7	6	32

Average per year = Total Number of outreach activities organised by the institution during the last five years

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Nirmala Memorial Foundation College of Education Kandivali East, Mumbai.

3.3.2. 1 Reports of outreach activities organized by the institution

Academic Year: 2017-2018

1. <u>Community Service at Assesibhavan Old age home :</u> Date :17th August 2017



Community work is voluntary service provided by anyone to people who are less privileged or fortunate. **Nirmala Memorial Foundation college of Education at Kandivali**, engages the interns in community service, to become active members of their community and thus have a lasting, positive

impact on society at large. Community service or volunteerism enables students to acquire life skills and knowledge, as well as provide services to those who need it most.

In the two years B. Ed course, we get this opportunity twice – Semester 1 and Semester 3. We get divided into manageable groups, so that everyone gets a chance to do their fair bit. We carried out our community work in the following places:-

- 1. AadhaarVruddha Ashram
- 2. AbhangBhavan
- 3. Assisi Bhavan Home For The Aged
- 4. Punarvas
- 5. SadaphuliKarnbadhirShaala
- 6. SashiMangalyam School

Located at Goregaon East, Mumbai, this is a home for the old and neglected citizens of our society. It belongs to the St. Joseph Training Institute and commenced in 1987. This home can house up to 100 people and provides all the necessary amenities including medical care.

Activities done – Most of our time was spent in cleaning the premises, since there was no one to look into those matters. We swept floors, cleaned the dormitories, changed bed furnishings and curtains. We also interacted with the elders. On the last day, we gave them some essential commodities like food, toiletries, diapers etc. as required by them.

Learning – Time, the most precious commodity in today's world. We gave these abandoned people our time, and it gave us immense satisfaction. The saying rings true – 'Recognise that every interaction you have is an opportunity to make a positive impact on others. – ShepHyken'

2. Visit to Special School-Abhangat Vasai

Date: 26 September 2017



Situated in green lush fields of Naigaon, Vasai West is the school for the mentally retarded and handicapped children 'AbhangBhavan.' This school, formerly called "Apang Seva" was started by Cynthia Baptista under the direction of Father Michael Gonsalves in 1988. It runs a school and other welfare activities for these special children.

Activities done – We played games, cooked breakfast, helped in making paper bags and celebrated Christmas.

Learning – "The only disability in life is a bad attitude. – Scott Hamilton." These are words that ring true. The children at AbangBhavan may be handicapped or have limitations, but their hearts are brimming with love – pure love which they want to share with anyone who spends even half a day with them.

3. AIDS Awareness program

Date:1st December 2017



A rally was carried out using banners and placards for creating awareness regarding the deadly AIDS by the students of **Nirmala Memorial Foundation college of Education at Kandivali.** A short street play, 'NUKKAD NATAK' was the main attraction of the event. The rally started from the lecture hall on the seventh floor of Nirmala memorial foundation college of education to Thakur Shyamnarayan international school at Kandivali. The skit, placards and the slogans highlighted the preventive mechanisms to prevent occurrence of AIDS among women

4. Expert talk on sexual harassment

Date:8th March 2018



Nirmala Memorial Foundation college of Education at Kandivali took effort to organize an expert talk on sexual harassment against women in the main hall. The resource person for the session was**Prof. NilamMandal** One of the causes for sexual harassment against women is ignorance and lack of education among women.

It is defined as unwelcome behavior of a sexual nature that if allowed to continue could create a QUID PRO QUO and/or a Hostile Work Environment for the recipient. For example,unwelcome sexual comments, jokes, innuendoes. Actual or attempted rape or sexual assault. Unwanted pressure for sexual favors. Unwanted deliberate touching, leaning over, cornering, or pinching. Unwanted sexual looks or gestures. Unwanted letters, telephone calls, or materials of a sexual nature.

5. International Yoga day

Date :21st June 2018



Nirmala Memorial Foundation college of Education at Kandivali organized a Yoga session in the ground floor auditorium as part of the value added course. This Yoga session was conducted by **Yoga expert Ms. Bindu Yadav**, from a well known Yoga institution, Vedas Yoga studio in Mumbai. It was a well conceived and an enriching experience as this session included thorough practice of breathing exercises followed by the exercises of the joints in the body and mainly stability of the body. Meditation at the end of the session completed the physical and mental training of the body. It added value in student life and the students were further recommended to practice the process for at least 10 minutes every day for complete benefit to body and soul.

6. Visit to Nehru Science Centre

Date: 28th February 2018



In order to celebrate National Science day, Students visited Nehru Science Centre, Worli on 22nd February 2018.Nehru Science Centre is the largest interactive science center in India. It is located in Worli, Mumbai. Science on a sphere, 3 D Science Show, Science Odyssey Film, Human Anatomy

Show, was the main attraction of their visit. Exhibition Gallery and 360 Virtual Gallery Tour helped students to understand many scientific concepts.

7. Guest Lecture Talk on "Recent Developments in Digital Classroom

Date:19th April 2018



Guest Lecturer-Dr.E.Ramganesh, Professor and Head, Coordinator,UGC-sap(DRS-II), Dept.of Educational Technology, Bharathidasan University, Tiruchirappalli-620023, Tamil Nadu,India. Dr. E.Ramganeshan was invited in our college to deliver a lecture on topic "Recent Developments in Digital Classroom" In his informative and interactive lecture he focused on many digital trends available for students to increase their knowledge and skill level.He spoke on "SWAYAM" and encouraged students and Faculty members to participate in online courses run by SWAYAM.

Academic Year: 2018-2019

1. Intercollegiate competition on 'Poster/Chart making competition on Gender equality and equity'

Date: 8th August 2018



Gender, School and Society is based on the Gender encompasses socially constructed and culturally based roles of women and men with a view to understand how unequal power relations between them are shaped and operate. The term gender role refers to society's concept of how men and women are expected to act and how they should behave. These roles are based on norms, or standards, created by society. Gender roles are a specific set of *social* and behavioral actions which are considered to be appropriate for the given gender.

I. GROUP PRESENTATION:-

There were a total 6 groups, each group given a topic by Glany mam based on GSS. Each group gave their group presentation (PPT). Which was very informative and interesting.

II. SKIT / DRAMA :-

Skit or Drama was performed by the group based on the GSS topic such as Domestic Violence, Gender equality, Sexuality etc.

III. GALLERY WALK (POSTERS):-

For POSTERs many groups has been made by Shubham Mam. Each group has 2 members in which one have to make poster and other have to explain poster at the time of Gallery Walk.

Reflection.

Group Presentation was very informative and also effective. It teaches us how to co-ordinate, co-operate and help each other. Skit / Drama is one of the interesting activity which has been performed. This activity is much important as it bring more and more attention of the observe, listener. Last but not the least is the Gallery Walk here we (Students) have organized a Gallery Walk by preparing posters based on GSS topic. Students,teachers have invited principal sir to visit to our posters in form of Gallery Walk. Students one by one explained the concept and the content of each poster.

2. Rally on Safety Awareness

Date: 11th September 2018



A rally for safety awareness was carried out using banners and placards by the students of **Nirmala Memorial Foundation college of Education at Kandivali**. The purpose of the rally was to make students, local people aware about safe travel. Safety while traveling is of utmost importance in a place like Mumbai where traffic is huge to manage at peak times. The F.Y.B.Ed. students of NMFCE took the initiative to create awareness about road safety in front of schools and colleges.

3. Helping differently able children as part of Community outreach

Date:3rd October 2018



Nirmala Memorial Foundation college of Education at Kandivali took the initiative to visit Punarvas Education Society's Shri DevrajjiGundechaPunarvas Special School & Vocational Training Centre for the Mentally Handicapped). Under the leadership of Shri PrabhkarModak& other stalwarts of Goregaon, Punarvas joined other NGOs in trying to reach out to a small portion of Mentally Challenged that needed to be taken care of.

The B.Ed. interns interacted with the students, helped them in their daily classes like writing practice, art and craft, yoga and occupational therapy. We also took part in their Christmas party celebration and gave the children a colouring book, crayons and chocolates. The students further helped in a curriculum activity SwarVyanjam for Class 4 along with art and craft. We also assisted in the Girls Workshop helping them with jigsaw puzzles, envelope making etc. and the Boys Workshop for toran making. Learning from the Teaching is truly the noblest of all professions. We taught these innocent minds, helped them a little bit and made a slight difference to their lives.

4. Reaching the unreached- Street Children

Date: 16th November 2018



The F.Y.B.Ed students of Nirmala Memorial Foundation college of Education at Kandivali paid a visit to Prayas Foundations Trust. School at Mithanagar, Mumbai. This school aims at serving individuals and families in the poorest communities in the society. To work for the cause and care of disadvantaged individuals, families & society, Prayas Foundations Trusts works rigorously on the following missions that is, creating lasting solutions to poverty & hunger, Education to every individual everywhere, and empowering people affected by cancer or chronic disease and supporting Clean India (Swach Bharat Abhiyan). School books distribution for childrens, Dustbin & Broom distribution for cleanliness were the activities which were undertaken by the students. The B.Ed. interns conducted classes and took lessons of poor school children in the open. It was an experience to remember and the students were eager to visit the place and provide their service again in future.

5. International Yoga day

Date: 21st June 2018



Yoga can help us to improve the quality of education, methods of teaching and morals of teachers with a bright future of students. The F.Y.B.Ed students of Nirmala Memorial Foundation college of Education at Kandivali participated in the Yoga program with full enthusiasm expecting teachers to become *Jnānyogi* as discussed in *Gitā* but teachers may involve themselves committedly in teaching to build a bright future for their students. Teachers should impart knowledge in such a way that inner capabilities of the learners can be brought out. One thing should be kept in mind that knowledge gained by a person regarding any area of life is a result of his efforts with creative cooperation of society either seen or unseen. Therefore, knowledge must be used for one's all round development as well as betterment of society.

Academic Year :2019-2020

1. Mask Making competition

Date :9th July 2019



The F.Y.B.Ed students of Nirmala Memorial Foundation college of Education at Kandivali organized the Mask Making Competition for Bachelor of Education (B.Ed.) students with the aim of

fostering creativity, promoting safety practices, and raising awareness about the environment amidst the COVID-19 pandemic. The event took place on [Date] and was jointly organized by [Organizing Committee/Institution Name]. The competition provided an opportunity for participants to showcase their artistic talents while emphasizing the importance of wearing masks in public spaces to prevent the spread of infections. The Mask Making Competition for B.Ed. students successfully achieved its goals of promoting creativity, safety practices, and environmental awareness. Through this activity, participants learned about the importance of wearing masks, enhanced their artistic talents, and gained valuable insights into the broader implications of the pandemic. The competition not only showcased the creativity of the students but also instilled in them a sense of responsibility towards public health and the environment, making it a truly enriching and meaningful experience for all involved.

2. Food distribution to underprivileged kids

Date:14th September 2019



The "Food for Hope" food distribution activity served as a beacon of hope for underprivileged kids, addressing their immediate needs while empowering them with a sense of dignity and inclusivity.

The F.Y.B.Ed students of Nirmala Memorial Foundation college of Education at Kandivali organized the event not only provided nourishment but also served as a catalyst for fostering compassion, empathy, and community engagement. The experience of organizing and participating in this activity left a profound impact on the organizers, volunteers, and community members, inspiring them to continue their efforts in creating a more compassionate and supportive society. By coming together to tackle food insecurity, the "Food for Hope" initiative demonstrated the potential of collective action in uplifting the lives of underprivileged children and instilling a sense of hope for a brighter future.

3. Community Service in old age home

Date:6th October 2019



The community service activity at an old age home took place in the month of September at Assisi Bhavan andMaruganj. The primary goal of the activity was to bring joy, companionship, and support to the elderly residents of the home. Volunteers engaged in various activities such as spending time with the elderly, playing games, and sharing stories. Through this experience, participants learned the value of intergenerational connections and the importance of providing emotional care to the elderly. The activity aimed to create a sense of belonging and enhance the well-being of the elderly while fostering empathy and understanding among the volunteers.

4. International Yoga day virtual program

Date 22nd june 2020

The virtual program on International Yoga Day for B.Ed. students was held on [Date], organized by [Organizing Committee/Institution Name]. The primary goal of the activity was to promote physical and mental well-being among the participants through yoga and mindfulness practices. The program included virtual yoga sessions, guided meditation, and informative talks on the benefits of yoga in education. B.Ed. students learned various yoga techniques, breathing exercises, and relaxation methods, equipping them with tools to manage stress and cultivate a healthier lifestyle. The activity fostered a deeper understanding of the connection between yoga, education, and overall personal development.

5. AIDS awareness virtual program

Date:1st December 2019



The AIDS awareness virtual program for B.Ed. Students was organized on 16 th of December with the objective of raising awareness about HIV/AIDS and promoting preventive measures among future educators. The program featured informative presentations, expert talks, and interactive discussions on the global impact of HIV/AIDS and its implications in educational settings. B.Ed. students learned about the importance of inclusive and non-discriminatory teaching practices for students affected by HIV/AIDS. The activity aimed to equip them with knowledge and empathy to address AIDS-related issues sensitively and to become advocates for HIV prevention and support. Through this program, the participants gained insights into their role in creating a stigma-free and compassionate society.

6. Workshop on Examination Pressure Date:11th February 2020

The management of **Nirmala Memorial Foundation College of Education** organized a workshop for FY.B. ED students on the current concern on **Examination Pressure** during the Pandemic Era. The Speaker of the workshop was Ms. AksharaSavaliya. The speaker started the workshop by asking questions to the future teachers on how they will evaluate their students. The students participated in

the discussion. Akshara ma'am discussed different ways to make online sessions interesting. She discussed the problems the future teachers could face in conducting the online class.

The speaker discussed the six-step assessment process which would help the future teacher to evaluate their students. The principles of assessment were explained with suitable examples. The speaker asked the students for their views and many students shared their knowledge and experience of online teaching. She discussed a case study about evaluating students, and many students shared their responses and came up with different methods of evaluation. There was discussion about how written content during online sessions couldn't be considered as the student can take help from parents or online sources.

Akshara ma'am discussed what it means by Authentic Assessment and different ways of doing it. There was debate session conducted, in which students spoke for and against the topic- Should students be assessed only as

per written work. It was an interesting debate as students came forward with many ideas and shared their views. In conclusion, the speaker explained that no matter which method we use for evaluating a student, the most important part is giving feedback as it is the first step towards the students' progress. She explained the importance of feedback in detail. We as students got tips and ideas for authentic assessment and its importance. This session will help us in future assessment. We learnt different ways to make our online sessions interesting for our students. We learnt the importance of feedback and how it can help in developing the students' performance. The workshop was a very interesting and enriching experience for future teachers. I would like to thank our college for arranging such an interesting workshop, and looking forward to many more such workshops.

7. Workshop on Mental Health

Date: 12th January 2020





The workshop on Mental Health for B.Ed. students was conducted on 12th January with the aim of promoting awareness, understanding, and destignatizing mental health issues. The workshop featured expert presentations, interactive sessions, and discussions on various mental health topics. The primary goal of the activity was to equip B.Ed. students with essential knowledge and skills to recognize signs of mental distress among students and colleagues. Participants learned about the significance of promoting positive mental health in educational settings and strategies to create a supportive and inclusive learning environment. The workshop emphasized the role of educators in fostering emotional well-being and facilitating early intervention when required.

Academic Year: 2020-2021

1. Community Service in Special School in Vasai: Abhang School

Date:17th August 2020

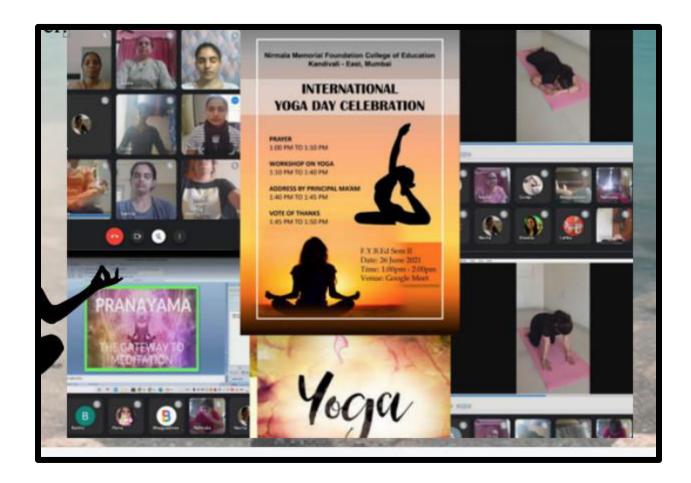


The community service activity at Abhang School, a special school in Vasai, was organized by BED students on [Date]. The goal of the activity was to engage with and support children with special

needs in their educational journey. BED students volunteered their time and skills to assist teachers, conduct inclusive activities, and provide individualized attention to the students. Through this experience, participants learned about the unique challenges faced by children with special needs and gained a deeper appreciation for inclusive education. The activity aimed to promote empathy, foster a sense of responsibility, and inspire BED students to become compassionate and inclusive educators in the future.

2. International Yoga Day: Virtual program

Date: 21st June 2021



The virtual program on International Yoga Day for B.Ed. students were organized on [Date] with the aim of promoting physical and mental well-being through yoga and mindfulness practices. The goal of the activity was to introduce B.Ed. students to the benefits of yoga in education and its potential to

enhance overall well-being. The program featured virtual yoga sessions, guided meditation, and informative talks on incorporating yoga in educational settings. Participants learned various yoga techniques, breathing exercises, and relaxation methods, equipping them with tools to manage stress and create a positive learning environment. The activity fostered a deeper understanding of the importance of self-care and holistic approaches to education.

3. Community Service in Old age home

Date :22 October 2021



The community service activity at an old age home took place in the month of September at Assisi Bhavan andMaruganj. The primary goal of the activity was to bring joy, companionship, and support

to the elderly residents of the home. Volunteers engaged in various activities such as spending time with the elderly, playing games, and sharing stories. Through this experience, participants learned the value of intergenerational connections and the importance of providing emotional care to the elderly. The activity aimed to create a sense of belonging and enhance the well-being of the elderly while fostering empathy and understanding among the volunteers.

4. AkshayUrjaDiwas Virtual Celebration

Date: 27th August 2021



As part of scientific awareness programme, The celebration of AkshayUrjaDiwas for B.Ed. students was organized on [Date] to mark the significance of renewable energy in sustainable development. The goal of the activity was to raise awareness about renewable energy sources and their role in mitigating environmental challenges. The event featured informative presentations, interactive

discussions, and demonstrations on solar and wind energy technologies. B.Ed. students learned about integrating renewable energy concepts into the curriculum to promote eco-friendly practices in educational institutions. The celebration aimed to inspire future educators to advocate for renewable energy adoption, fostering a sense of responsibility towards environmental preservation and sustainable energy solutions.

5. Seminar on 'Elimination of violence against women on International Women's Day

Date: 8th March 2021





The objective of Women's Day is to express love and gratitude towards women's contribution to our lives and society. It honors the power and struggles of women who have broken all barriers and reached the pinnacle of success in every sphere of life. Today, women across the globe actively participate in politics, education, social work, corporate, sports, IT, research & development, innovation and diverse fields, and have left their footprints.

At NMFC the day was celebrated on 8th March 2020. Various activities were conducted as a part of this event. Dress code for this event was green, purple and white. The event was started by an inspirational speech followed by a skit on how women were forced to stay behind. Another interesting activity was describing women at every phase of her life in different Indian languages. A dance performance was also done on problems faced by a woman in her day to day life. After the various activities one of the games was played that is identifying the childhood photos of all the female teachers and students. Another game was randomly picking up chits and describing that particular person in 2 to 3 lines. Thus the event was really very enthusiastic and overwhelming for all of us. Teachers and Principal took a photo holding the selfie card of balance for better. Balance for better was the tagline for the women's day celebration.

6. Workshop On 'Stress management'

Date: 20th April 2021



Nirmala Memorial Foundation college of Education at Kandivali took initiative to organize a workshop on stress management. This workshop included talk on managing stress along with activities like meditation, art of living related activities, facilitating reduction of stress. As suggested in the workshop, ten tips to deal effectively with stress were suggested as shown herewith, outlining the set of tasks that you have to complete, budget Your Time. Plan out your day, minute-by-minute, Rewards System, asking for help and Move On, take Breaks to Breathe. Eat Healthy, Restful Sleep and others.

Exercise can stress lead to substance abuse? Constant stress floods the body with stress hormones, which can increase the risk of serious health problems. The hormone that initiates the body and response to stress, CRF, is found throughout the brain. Drugs of abuse also stimulate release of CRF. Eat well, get enough sleep, exercise regularly, cut down on alcohol, and spend some time socializing as well as working and studying. ... Relaxation and breathing exercises may help. Try to resolve personal problems by talking to a friend, tutor or someone in your family.

7. Workshop On 'Time management'

Date:13th January 2021



Nirmala Memorial Foundation college of Education at Kandivali took initiative to organize a workshop on **Time management'** Ms. Akshara Savaliya from SNDT Women's university was called as resource person. It was about how to manage our time in our day-to-day life and make fruitful benefits by utilizing our time. It was a very interactive session, where all students discussed problems we usually face in our lives and how we tackle them. Ms. Akshara also guided all of us on how should we distribute our time based on 3 ways i.e. — Thoughts, Conversation and Action. No matter what type of work we do, our work will be more composed, if we manage our time well based on these 3 ways.

Academic Year: 2021-2022

1. WORKSHOP ON WEBSITE DEVELOPMENT

Date: 15 October, 2022



Technology provides students with access to countless online resources, encouraging them to carry out research and therefore become more independent. **Nirmala Memorial Foundation college of Education at Kandivali** took initiative to organize this workshop on **15 October, 2022.** With the growing need of technology in Education, it is necessary for teachers to be well-versed with technical knowledge and guide their students well. Keeping this in mind, NMFCE provided an opportunity to FYB.Ed students by conducting workshops so as to upgrade their knowledge and technical skills which would help them in adapting to their role as future teachers. NMFCE in collaboration with UpEducators conducted a workshop on "Developing a professional website for Teaching and Learning". It was conducted on 15 October, 2022 by the resource person

Mr. AnkushBhandare.Technology provides students with access to countless online resources, encouraging them to carry out research and therefore become more independent. With the growing need of technology in Education, it is necessary for teachers to be well- versed with technical

knowledge and guide their students well. Keeping this in mind, NMFCE provided an opportunity to FYB.Ed students by conducting workshops so as to upgrade their knowledge and technical skills which would help them in adapting to their role as future teachers. NMFCE in collaboration with UpEducators conducted a workshop on "Developing a professional website for Teaching and Learning". It was conducted on 15 October, 2022 by the resource person Mr. AnkushBhandare.

2. Pada cleaning activity

Date: 8th February 2022



A pada cleaning initiative at Thakur Village was organized for B.Ed students to promote responsibility, civic engagement, and environmental consciousness. The event aimed to develop leadership, teamwork skills, and understanding of waste management, recycling, and public spaces. Students also learned about community collaboration and the importance of addressing local issues. The event encouraged students to become proactive change agents in their future roles as educators, emphasizing the importance of cleanliness, environmental responsibility, and community engagement in nurturing socially responsible citizens. The students realized that even small efforts, like cleaning a local "pada," can have a positive impact on the community's well-being.

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3. Eco Brick Making Workshop

Date: 23th March 2022



The primary objective of the workshop was to raise awareness about environmental issues, particularly plastic pollution, and its impact on ecosystems, wildlife, and human health. **Nirmala Memorial Foundation college of Education at Kandivali undertook this endeavor** by engaging in pada cleaning. Participants witnessed firsthand the consequences of littering and learned about the importance of keeping public spaces clean. The eco-making workshop conducted by B.Ed. students successfully achieved its goals of promoting environmental awareness, responsible waste management, and creative problem-solving through pada cleaning and plastic up cycling. The event

served as an impactful platform to inspire environmental consciousness and encourage positive change within the community. By empowering the participants with knowledge and hands-on experience, the workshop created a ripple effect, inspiring them to become active agents of change in safeguarding the environment for future generations.

4. Storytelling and Role Play on Water conservation

Date: 11th April 2022



Nirmala Memorial Foundation college of Education at Kandivali organized 'Storytelling and Role Play on Water conservation.' The main objective of the activity was to raise awareness about the scarcity of water resources and the environmental challenges posed by water wastage. Through storytelling, the B.Ed. students aimed to illustrate the interconnectedness of water with various

aspects of life and the environment, fostering a sense of responsibility towards water conservation. The storytelling and role play activity conducted by B.Ed. students proved to be a successful and engaging approach to teach water conservation. By employing creative methods, the students effectively achieved the goals of raising environmental awareness, inspiring behavioral change, transferring knowledge, empowering participants, and fostering community engagement. Through this interactive learning experience, the participants gained a deeper understanding of the significance of water conservation and emerged as motivated advocates for sustainable water practices in their homes and communities. The activity not only contributed to the students' professional development but also had a positive impact on creating a more water-conscious and environmentally responsible society.

5. Visit to old age home

Date: 5th May 2022



The community service activity at an old age home took place in the month of September at Assisi Bhavan andMaruganj. The primary goal of the activity was to bring joy, companionship, and support to the elderly residents of the home. Volunteers engaged in various activities such as spending time with the elderly, playing games, and sharing stories. Through this experience, participants learned the value of intergenerational connections and the importance of providing emotional care to the elderly. The activity aimed to create a sense of belonging and enhance the well-being of the elderly while fostering empathy and understanding among the volunteers.

6. Communicative English program at Prayas NGO Date: 13th June 2022



The communicative English program conducted at Prayas NGO for B.Ed. students was aimed at enhancing their English language proficiency and communication skills. The primary goal of the activity was to equip future educators with the ability to effectively communicate with diverse learners and foster an inclusive learning environment. Through interactive sessions, language games, and practical exercises, students learned to express themselves confidently and articulate their thoughts clearly. The program at Prayas NGO instilled a sense of cultural sensitivity and appreciation for diverse communication styles, empowering B.Ed. students to bridge language barriers and create a more engaging and inclusive learning experience for their future students.